

THE DINER @ RUSH COMMON

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Chicken and Bacon Pasta Bake	Italian Style Meatballs in a Rich Tomato Sauce with Rice	Macaroni Cheese	Spaghetti Bolognese with Garlic Bread	Battered Chicken Nuggets, Chips and Baked Beans
VEGETARIAN DISH	Cheese and Tomato Pasta Bake	Vegetarian Meatballs in a Rich Tomato Sauce with Rice	Jacket Potato with Cheese & Beans	Vegetarian Bolognese with Garlic Bread	Vegetarian Sausage, Chips and Baked Beans
POTATO & VEGETABLES	Seasonal Vegetables and Potato	Seasonal Vegetables and Potato	Seasonal Vegetables and Potato	Seasonal Vegetables and Potato	Seasonal Vegetables and Potato
DESSERT OR FRESH FRUIT	Chocolate Sponge Or Fresh Fruit	Fruity Flapjack Or Fresh Fruit	Vanilla & Chocolate Mousse Or Fresh Fruit	Ginger Sponge Or Fresh Fruit	Ice Cream Or Fresh Fruit

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WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Minced Beef Lasagne with Garlic Bread	Crispy Chicken Burger in a Brioche Bun	Cheese and Tomato Pizza	Creamy Chicken Korma with Rice and Poppadum's	Battered Fish, Chips and Peas
VEGETARIAN DISH	Vegetarian Lasagne with Garlic Bread	Vegetable Burger in a Brioche Bun	Jacket Potato With Cheese & Beans	Creamy Vegetable Korma with Rice and Poppadum's	Vegetarian Sausage, Chips and Beans
POTATO & VEGETABLES	Seasonal Vegetables and Potato	Seasonal Vegetables and Potato	Seasonal Vegetables and Potato	Seasonal Vegetables and Potato	Seasonal Vegetables and Potato
DESSERT OR FRESH FRUIT Or YOGHURT	Golden Syrup Sponge or Fresh Fruit	Lemon Curd Shortbread Or Fresh Fruit	Orange Cake Muffin Or Fresh Fruit	Fruit Cookie Or Fresh Fruit	Ice Cream Or Fresh Fruit