

# Forest school



# Story time!!!



# Time to reflect!

- ▶ Think about a childhood experience
- ▶ What do you remember it?
- ▶ Where did it take place?

# What is it?

- ▶ An inspirational concept
- ▶ NOT a forest
- ▶ Why outside?

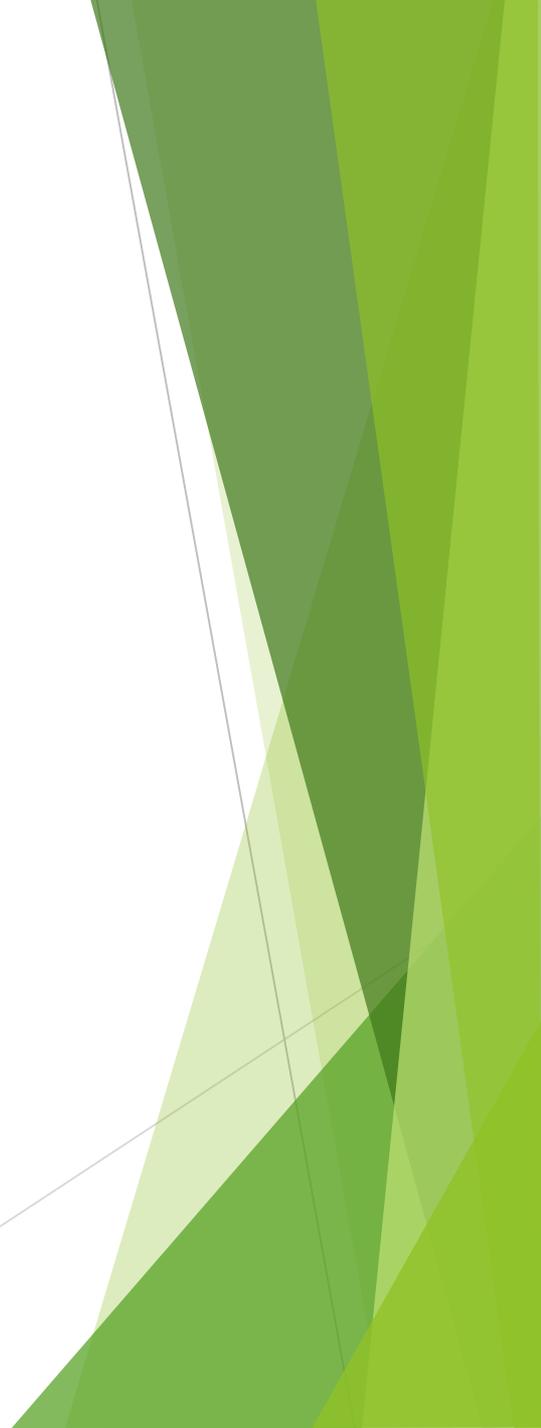
# Why?

- ▶ Build self-esteem
- ▶ Enhance independence
- ▶ Develop problem-solving skills
- ▶ Enable children to make decisions
- ▶ Learn to take and manage risks
- ▶ Team work

# Risky Play



# Health and Safety



# Activities

The background features abstract, overlapping geometric shapes in various shades of green, ranging from light lime to dark forest green. These shapes are primarily located on the right side of the slide, creating a modern, layered effect. The rest of the slide is a plain white background.

# What will it look like at Rush Common School.

- ▶ Who
- ▶ When
- ▶ Where
- ▶ With who
- ▶ What will they need
- ▶ What will happen when they are not going to Forest School.

# The session!

- ▶ Children will get ready after lunch to help maximise the time with can spend outside.
- ▶ They will register and then walk up to the area- normally singing the song.
- ▶ We get the children to carry and take what they need.
- ▶ Children then put the items they need down and then we all sit together on the logs and talk and show the days risks. Sometimes we share a story however mostly the are keen to just go and explore.
- ▶ About 2.15 they will be offered hot chocolate - need it to help keep warm and will have a snack. The most favourite part. Have a story normally woodland based or made up from a item they may have found.
- ▶ 2.45- Pack up and come back to school to then go back to the class before going home. Before we leave we make sure we leave no trace and reflect on what they have enjoyed today and what they would like to do next time.
- ▶ After as a leader I will upload photos on tapestry and share experiences and reflect on what they enjoyed and plan the next session building on from their own interests.

**What can you do  
to support your  
child?**

# Questions??????

- ▶ Feel free to ask- no question is so small or a silly question.